

Date: _____

Name: _____

Worksheet for Forward and Backward Counting from 1-30

Count from 1 to 30

1	2	3			6				10
	12			15			18		20
21			24				28		30

Count backwards from 30 to 1

30		28				24			21
	19				15		13		
10			7	6			3	2	1

