Date:				
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Name: _____

Worksheet for Forward and Backward Counting from 1-30

Fill in the missing numbers from 1 to 30

5				9	10		13	14
18		20		22		25	26	
9	10			13				18
21			24		26			30

Fill in the missing numbers from 30 to 1

14	13		11	10				6	
	29		27	26		24			21
26				22	21	20		18	
10		8					3		1

